

FIT DAY

The cooperation between our young leaders and people with intellectual disabilities has a long tradition in our school. Besides regular club meetings happening every last Friday of each month, we met this time on 22nd March 2013 on a so called **FIT Day**. We exercised on fitballs, we strengthened and mainly we focused on sport activities. Our friends, though handicapped, exercised with such enthusiasm and excitement that we could only envy them.

